

Celebrity Break-up: Are 'The Bachelorette' Reality TV Stars Andi Dorfman and Josh Murray Fighting on Twitter?



By Emma L. Wells

The celebrity news that reality TV stars Andi Dorfman and Josh Murray split came as a shock to many. While we still don't know what caused this celebrity break-up, they have remained very amicable – but that might be changing. At the end of January, Murray tweeted, “Having to change all my passwords because someone keeps logging into my social media accounts SMH.” This left us wondering: Is former *Bachelorette* Dorfman cyber stalking her celebrity ex? Her response came

very quickly – only 9 minutes later according to thestir.cafemom.com. She replied, “Join the club ... Got better things to do with my life #blessed.” While we can’t say for certain who these tweets are directed at or what they really mean, we *can* assume that there’s some tension following this celebrity break-up.

These reality TV stars seemed friendly after their celebrity break-up, but it looks like their claws are coming out now! How can you move on after a split?

Cupid’s Advice:

It’s common to still be emotionally attached your ex after your relationship has ended, making it hard to move on. Moving forward is a process and won’t happen overnight, but Cupid has some dating advice that will (hopefully) make it easier:

1. Remember that no one wins: These *Bachelorette* exes may feel a little competition at this point in their celebrity break-up. While it’s natural to want to “win” by looking better, dating someone new first, and making sure the news of your success gets back to your ex, there’s really no point. Focus on making yourself happy instead of making your ex jealous.

Related Link: [‘The Bachelorette’ Season 10 Couple Andi Dorfman and Josh Murray Call It Quits](#)

2. End all contact: It’s hard to let go of your connections to your ex, whether they be in real life or digital. If you’ve had a meaningful and serious relationship, you probably don’t want to lose those memories. Still, moving on means looking forward, not backward, and constant reminders about your

former beau will only make it difficult. While it may be difficult, cut your ties on social media *and* in real life too. You can consider a possible friendship after you've had some time apart.

Related Link: [Chris Harrison: Things Were "Awkward and Weird" Between 'The Bachelorette' Andi Dorfman & Josh Murray](#)

3. Learn something from it: You may feel like you wasted your time with your ex or that it was all a big mistake, but you probably have a few good memories too, even if the relationship ended badly. Give your past relationship purpose by learning from it and allowing the experience to make you a better person. It'll be easier to feel happier if you don't regret your decisions.

Have you successfully moved on from an ex? Share your tips below!