

Product Review: Check Out Gaiam's New Athletic Yoga Collection for Men – Just in Time for Valentine's Day!



This post is sponsored by Gaiam.

By Shannon Seibert

With Valentine's Day quickly approaching, it's time to figure out what to get your man for the special holiday. If he seems to have everything he needs, why not get him a gift that will benefit both of you? With Gaiam's new Athletic yoga collection for men, you can improve his health *and* reduce his stress, paving the way for him to be an even better partner. Take a deep breath and help your man find his chi, thanks to our

product review of the Athletic maxTowel and Athletic dynaMat.

Product Review: Gaiam's Athletic maxTowel and dynaMat

First, check out the [Athletic maxTowel](#) (\$29.98). It's designed to provide the maximum absorbency and the largest coverage to take care of even the biggest of muscles. Towel Dry Tech absorbs twice as much as standard cotton towels and dries in half the time, making sweat vanish almost immediately. This technology makes the towel optimal for any yoga setting. From intense 100 degree hot yoga to a more traditional setting, the Athletic maxTowel is able to absorb even the sweatiest of workouts. That way, your relationship and love won't be negatively affected by your significant other's new workout routine!

At 30 inches wide and 84 inches long, this enormous towel can probably hold both of you on your yoga date, providing the perfect excuse to get even closer to each other. This popular product can even be taken down to the beach or to your local park for a romantic session of sunrise yoga.

Next, take a look at the [Athletic dynaMat](#) (\$39.98). This reversible yoga mat is designed to be wider and thicker than most traditional mats, making it perfect for men. The extra space and support will help him feel at ease as he attempts to master even the most challenging poses. It'll even give him the stability he needs to sneak a glance at you in your tight yoga pants!

"The Athletic maxTowel and Athletic dynaMat are the perfect gift for that yoga-loving man in your life," says Executive Editor [Lori Bizzoco](#) after her product review. "The oversized towel is soft and plush, and the mat has great support and thickness without being too big and bulky. They're both a

great Valentine's Day present for that guy who has it all!"

With the proper equipment from Gaiam, your love will be able to head to the gym with confidence. Maybe he'll even reignite *your* workout motivation! After all, summer will be here before we know it.

Both the Athletic maxTowel and Athletic dynaMat are available at Gaiam.com.