

Kate Hudson and Matthew Bellamy Spotted Shopping in Aspen Post-Split



By [Courtney Omernick](#)

Who says exes can't be friends? Kate Hudson and Matthew Bellamy were spotted in Aspen this week as they were finishing some Christmas shopping, according to [UsMagazine.com](#). The pair recently ended their relationship after a three-year engagement. Hudson and Bellamy have one child together, son Bingham.

How do you know how much space to give your ex post-split?

Cupid's Advice:

Breakups can have different outcomes depending on the couple. Sometimes, it's mutually beneficial and no harm has been done. Other times, one or both members are left feeling many different emotions all at once. So how do you know how much space to give your ex post-split? Cupid has listed some tips below:

1. Assess their emotions: If it was a mutual breakup and the other person also clearly thought that it was for the best, you probably don't have to give them too much space. However, if you both disagreed about the breakup and there are hard feelings, you may want to give your ex more space before you're able to be friends or hang out post-split.

Related Link: [‘Bachelor in Paradise’ Lovebirds Cody Sattler and Michelle Money Breakup After Six Months](#)

2. Consider how long you've known them: If the two of you have been friends since you were teenagers and you've been dating for the last five years and if the relationship didn't end because of a cheating scandal, you won't have to give the other person too much space. But if you haven't known each other very long and it ended because you both want to go different directions with your lives, you might want to hold off on a lot of contact.

Related Link: [Single in Stilettos Show: How to Move On After a Breakup](#)

3. Blended friend group: If you've been together for a long time or if you both work at the same office, went to the same school, etc., you might have the same friends, and you may not be able to take a break from each other for long. If this is the case, you should figure out how to behave around each other as friends as quickly as possible.

How have you known how much space was needed for your ex post-split? Comment below!