

# Kendra Wilkinson Opens Up About Sleeping with Hugh Hefner on 'I'm a Celebrity'



By Amanda Boyer

Kendra Wilkinson is most recently being featured on a British television show called, *I'm A Celebrity, Get Me Out Of Here!*, and it seems she's had quite a ride so far! Before leaving for the show, according to [UsMagazine.com](http://UsMagazine.com), Wilkinson and husband Hank Baskett opened up about their decision to give their marriage another go after their very public cheating scandal. On Monday, another contestant on the show confronted Wilkinson on her prior love life with Hef after finding out this information.

**What do you do if you don't want to reveal intimate details when a friend asks?**

**Cupid's Advice:**

Want to change the subject or move on from discussing your personal life? Cupid has some tips:

**1. Say no:** Be direct and tell them that is your own business and no one else's. They will understand it is not their place to ask how you feel.

**Related:** [Despite Reports, Kendra Wilkinson Is Still Married to Hank Baskett](#)

**2. Change it up:** If you do not want to talk about it, find something else to bring it up. Changing the subject is always a good idea and will not get you angry.

**Related:** [Source Says Kendra Wilkinson Is Going 'Back and Forth' About Divorce Decision](#)

**3. Crack a joke:** If you want to get a laugh out of the situation rather than making a scene, make a joke or tell a funny story.

**Have another way to deal with confrontation? Comment below!**