

Date Idea: Climb Every Mountain



By Amanda Boyer

You and your partner are tired of the typical dinner-and-a-movie and need a new [date idea](#). You want to do something that will get your feet moving and your heart rate up. To integrate some exercise into your normal routine, follow this relationship advice and plan a rock climbing date! You can check out an indoor gym if it's still chilly where you live or head outside if the weather has warmed up enough.

Related Link: [Celebrity Couples That Are Always On the Go](#)

Go Rock Climbing on This Weekend Date Idea

To find a good spot close to home for this weekend date idea, check out websites like RockandIce.com, and IndoorClimbing.com. Rock and Ice even has articles on *how* to rock climb, so if one of you is nervous about going or has never tried the sport before, read up for some helpful tips. Be sure to find out what gear is required and purchase or rent shoes, clothes, and ropes as needed.

Once the day arrives, don't let your nerves get the best of you! Start by just taking a few steps up the mountain or wall so you get a sense of where the best rocks are and what kind of foot and hand holds you want to use. This warm-up will have you laughing and joking around with each other as you both struggle to learn something new. Make sure you feel comfortable before you challenge each other and step it up to the next level.

Once you both are ready to go, it's time to race! To turn this rock climbing date idea into a contest, you can climb up the mountain three times; whoever gets to the top first two times in a row can get bragging rights for the night. To raise the stakes, make a bet: The loser has to buy dinner afterwards. The pressure's on!

Related Link: [Take a Charity Walk](#)

Whether it's making fun of your significant other for slipping or getting to see your cutie compete against you, you're sure to have a fun time. After a few hours of climbing, betting, and having fun with your honey, you'll be tired and ready for a low-key evening. You and your partner will form a stronger bond over the challenges faced on the rock climbing wall and have new memories to bring to your relationship and love.

Have you ever gone on a rock climbing date? Share your experience below!