

Jennifer Lopez Reunites with Celebrity Ex Casper Smart at MTV VMA's



By [Courtney Omernick](#)

In the latest celebrity news, [UsMagazine.com](#) reported that Jennifer Lopez was able to spend some quality time with her celebrity ex Casper Smart last night at the VMA's. He sat in front of her at the award show, and they were spotted sharing Skittles and talking. Their [celebrity relationship](#) may have ended, but it's clear that these two are maintaining a good friendship.

Even the most coveted celebrity relationships come to an end! What are some ways to keep things civil post-breakup?

Cupid's Advice:

If you're hurting because of a break-up, it can be hard to think about being nice to your former significant other. But, if you're looking to keep things civil, we have some love advice for you:

1. Give them their space: Breaking up is hard for both parties. If you truly want to keep things on a level playing field, it's best to give them some space right after the break-up occurs. The other individual is going to be much more open to being friendlier if they've had some time to cope with their feelings.

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2. Show your support (in moderation): You want the other individual to know that you still value them as a person, and possibly a friend, so it's important to help them understand, through tiny gestures, that you still support them. However, you don't want to constantly bombard them with "Congratulations" and other happy messages because you could be implying something else.

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3. Treat them as a friend: If you want to keep things civil, it's important to treat your ex as you would a friend or acquaintance. Be positive, smile, and keep things light and

happy.

J-Lo is facing the end of her celebrity relationship gracefully. What are some ways you've kept things civil post-break-up? Share your stories in the comments!