

Christian Bale and Wife Sibi Welcome a Baby Boy



By

Ann Luther

Christian Bale and his wife, Sibi Bale, just welcomed their second baby, a son, into the world. A source told UsMagazine.com, "They are truly a supportive couple, he and Sibi are thrilled." The newest Bale addition joins his nine-year-old sister, Emmeline. Congratulations to the whole family!

What are three ways to be supportive of your partner?

Cupid's Advice:

The support we get from our partners is unmatched by any other kind. Big or small, their encouragements means the world to

us. To that end, we've compiled three of the most important ways you can support yours:

1. Reminders: An "I love you" in the morning goes a long way. Your partner may know that you care, but it's always sweet to hear. It is important to affirm the important things in your relationship. It's too easy to fall into a rhythm and forget how special your consort really is.

Related: [Christian Bale Gets Choked Up While Praising His Wife](#)

2. Dedicate time: Set aside an amount of time per day, week, or month that you can focus all of your attention on your partner's needs and wants. Put down your phone, turn off the television, and plunge yourself into the life of your love. This special time when you're not thinking of anyone else, not even yourself, will show how much you care and take some burden away from your beau.

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3. Make a promise: Even if you aren't at the stage in your relationship to where you would want to get married, you can still promise things to your guy and he can promise things to you. It can be little promises like swearing to do the dishes if the other cooked. Or it can be big promises like vowing to follow him to wherever his career places him. Pledging whatever you can will make your partner feel secure and supported.

What do you do to support your partner? Share with us in the comments below.