

# Single in Stilettos Show: 5 Ways Women Sabotage Themselves with Men



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating expert Robert Manni about five ways that women sabotage themselves with men when it comes to dating. Ladies, the biggest mistakes that you tend to make include: always being "plugged in" and never letting go of your smartphone; not fishing where the fish are; traveling in groups; sticking too closely to your checklist of must-haves in a guy; and breaking up with him too soon. If you want to find true love, stop sabotaging yourself and learn how to avoid these pitfalls!

**Related Link:** [5 Things Men Wish Women Knew About Them](#)

For more information about Single in Stilettos shows, click [here](#).

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**Ladies, what's the biggest dating mistake you make? Tell us in the comments below!**