

# Eva Longoria Is 'Very Happy' With Boyfriend Jose Antonio Baston



By Louisa Gonzales

Eva Longoria's boyfriend is so stylish it makes her want to up her game. According to [UsMagazine.com](http://UsMagazine.com), *The Desperate Housewives* alum, said on *The Ellen DeGeneres Show*, her boyfriend Jose "Pepe" Antonio Baston, is such a "good dresser" that she always has to "step it up" when it comes to fashion, on Monday, April 14. During the show she revealed little more about her relationship with him, as she is very private, but did say she is "very happy" and "lucky" to have him. The couple got together last fall, shortly after Longoria split from *Ready for Love* contestant Ernesto Arguello, and have spent

a lot of time together ever since.

**What are some ways to put past relationships in the past?**

**Cupid's Advice:**

It can be hard to move on sometimes, especially when you feel like you're not ready to let a person go. However, sometimes you have to let the person in your past relationship or even the relationship itself go, in order to let your heart be open to something or someone new. Cupid has some advice on some ways to put past relationships in the past:

**1. Focus on the new:** Whether you are in a brand new relationship or single and ready to mingle, try to stay focused on what you currently want in your life. Live in the moment, don't let the ghost of relationship pasts, prevent you from forming new relationships. If you keep yourself busy, let yourself grow and move on eventually you will stop letting past failed relationships haunt you, and start living life in the present.

**Related:** [Eva Longoria Goes Public with New Boyfriend Jose Antonio Baston](#)

**2. Grow from past relationships:** It's okay to acknowledge and learn from things in your past, especially when it comes to past relationships. It can be good to reflect on some of your past relationships and realize why they didn't work or what you liked or didn't like. Doing this reflecting can help you move on, grow and let you know what you actually want in relationship or what to look for.

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**3. Find closure:** Finding closure from past relationships is essential to be able to finally put the past in the past. How each of us get our closure depends on who we are or how our

relationship ended, so just do whatever works for you. Whether that is some kind of ritual or routine, talking it through with people close to you, going out, or even writing it all out, it doesn't matter what you do what is important is what helps marks the end of your past relationship.

**How would you put past relationships in the past? Share in the comments below.**