

# Gwyneth Paltrow and Chris Martin Separate



By Sanetra Richards

Another one bites the dust! Gwyneth Paltrow and husband Chris Martin have decided to part marital ways after 10 years. The couple announced the split earlier this week. According to [People](#), Paltrow (PEOPLE's 2013 Most Beautiful Woman) and Martin stated they were "working hard for well over a year" – both as a couple and individually – "to make their relationship work."

The pair released the following statement on the GOOP website under the heading "Conscious Uncoupling": "It is with hearts full of sadness that we have decided to separate." The parents of a 9½-year-old daughter Apple and a 7½-year-old son Moses

went onto say, “We have come to the conclusion that, while we love each other very much, we will remain separate.”

Although the marriage is ending, co-parenting is not out of the question. “We are, however, and always will be a family, and in many ways, we are closer than we have ever been. We have always conducted our relationship privately, and we hope that as we consciously uncouple and co-parent, we will be able to continue in the same manner.”

**How do you know when it's time to go your separate ways?**

### **Cupid's Advice:**

Every relationship is not salvageable, and it's best to know when you should part ways before it's too late. Here are some things Cupid thinks will help you come to the realization:

**Related Link:** [Gwyneth Paltrow Speaks Out About Miscarriage](#)

**1. Bickering daily:** Is the time you spend together consumed by arguments? You and your partner cannot seem to agree on anything and compromise just does not exist. Pay attention to the disputes revolving around some of the smallest issues and if there is constant finger pointing. Yes, proper communication may repair the relationship, but it is not a guarantee.

**2. Blurred vision:** Your significant other starts off as a good time, but eventually, you realize that you do not see them in your future. There is no sight of making a home, having a family, etc. You begin to nitpick and dislike the little things about them. Maybe you thought their style of mismatching outfits was cute and artistic at first, but now, it's just plain tacky.

**Related Link:** [Gwyneth Paltrow Says Chris Martin Helped with Postpartum Depression](#)

**3. Attraction disappears:** The spontaneous dates fade away; the sizzling romance fizzles; and the desire to have your partner around vanishes. These are all warnings (couldn't be any clearer!) that calling it quits is in your near future.

**What are the signs that your relationship is in its last days?  
Share your thoughts below.**