

Kathrine McPhee Trying to Work on Marriage



By Louisa Gonzales

Katharine McPhee and her husband Nick Cokas separated nine months ago, but now it seems the couple may be trying to work on marriage. According to [People](#), a close friend of the pair says they are trying to work things out. The duo has been spending time together and was recently spotted out in Los Angeles walking their dogs. There was initially a lot of controversy surrounding their separation, because just 5 months after the ex-lovers announcement of their split, news broke about McPhee's affair with married man, director Michael Morris. Morris is married to actress Mary McCormack. However after everything, McPhee and Cokas remained close and now it seems they're hoping to start fresh.

What are some ways to seek help with your marriage?

Cupid's Advice:

After you get married things aren't going to be 'happily ever after' all the time. There will be a lot of obstacles and challenges that come after tying the knot and, sadly, sometimes couples can't overcome them. However, if you are willing to work on your union, it is possible to overcome any roadblocks you may face. Cupid has some advice and ways to get help with your marriage:

1. Seek advice from other married couples: You're not the first couple to face marriage challenges and you won't be the last. Go to trustworthy family or friends and ask them for tips or to share their experiences. It is important to gain perspective outside of your own marriage, it will help you and let you know you are not alone.

Related: [Katharine McPhee Calls It Quits on Affair with Michael Morris](#)

2. Go to counseling: It's not easy to admit you need help and it's even harder to take other people's advice. However it could be good to go to counseling together, many couples have done the same so you don't have to feel alone. A good counselor could help you remember all the reasons you fell in love and work out your issues.

Related: [Michael Morris Steps Out with Wife Post-Katharine McPhee Scandal](#)

3. Look to each other: If you're both willing to admit you have issues, together you can work them out and save your marriage. Communicate with each other, listen, and be willing to compromise. It will help you see what you've neglected concerning your spouse's needs. Every good partnership needs "we" time.

What do you think are the best ways to seek help with your marriage? Share in the comments below.