Girl's Night Movie Pick of the Week: 'The Single Moms Club'





By April Littleton

Written, produced and directed by Tyler Perry, *The Single Moms Club* follows five single women on their personal journeys of self-discovery. The ladies are brought together by an accident at their children's school. They create a support group that helps them get through some of life's most challenging situations through the use of comedic relief and the strength they have in each other.

Should you see it:

Tyler Perry fans will be the first in line to see this film, but if you're unfamiliar with his work, take a look at some of the cast. Some well-known faces include Amy Smart, Nia Long, Terry Crews and William Levy. If any of those names ring a

bell and you've enjoyed some of their previous work, consider taking a trip down to your local theater when *The Single Moms Club* premieres.

Who to take:

This movie is definitely all about girl power. Grab a group of your best girl friends for a Saturday night of fun. Of course, you can always drag your significant other along if you'd prefer to save this film for a couples' date night.

Related: 'Pompeii' is the Perfect Couples Night Movie

What are some ways to date responsibly as a single parent?

Cupid's Advice:

As a single parent, getting back into the dating world can be hard to do. You have to think about yourself, your new partner and your child(ren). You don't have to give up completely. You can have a romantic life again and still be the best parent you can be. Just listen to your instincts and follow a few tips. Cupid is here to help:

- 1. Take your time: When you're just starting out on the dating scene again, there is no need to rush any potential relationship. Take your time and get to know the other person well before you make any solid commitments. You have a child. Keep that mind. You shouldn't bring different people in and out of your kid's life. He/she doesn't need to be any more confused than they already are.
- 2. Communicate with your kid(s): Your child(ren) need to know what's going on (if they're old enough to understand) in your life. Before you go out on any dates, explain to them what you're going to be doing and make sure it's OK with them. Reassure them they won't have to worry about having a step parent anytime soon, and you're only trying to get to know someone on a more adult level.

Related: <u>How to Date when You're a Single Parent</u>

3. Consider feelings: If you decide to introduce your child(ren) to your new partner, make sure you realize this situation is a new experience for everyone. Your kid(s) and your new boo will need time to adjust to each other. Don't pack on the PDA in front of your family. Help everyone ease into this new relationship by keeping it cool.

How did you date responsibly as a single parent? Share your experience below.