

Brandi Glanville Talks About Dating as a Single Parent



By Sanetra Richards

Dating as a parent can be tricky. Brandi Glanville of *Real Housewives of Beverly Hills* is one of many women who come across the 'dating worry pot.' Brandi Glanville, who was once married to Eddie Cibrian, has her fair share of issues as a member of the single parent dating community, according to [People](#). The mother of two went on to talk about the challenges of dating as a single parent, saying, "It's hard for me to take the leap of trust. I'm a little bit tough because I can't afford to get my heart broken. When I do bring someone to meet [my sons], it's going to be for good."

How do you balance dating and being a single parent?

Cupid's Advice:

As a mom or dad, you constantly worry about your child – from the time they take their first breath to their first school crush. It is completely natural to develop a concern in everything that involves them. With all of this in mind, dating as a single parent is just another ingredient to add to the pot of worries. Although it may be challenging, it is possible to balance by taking a few steps:

1. Waiting a little while: The first mistake many single parents sometimes make is introducing the person they are newly dating to the child(ren) early on. Who's to say this person will be around for the long run? Unless you are fully devoted and committed, your best bet is to wait to take this step. Children are often exposed to their parents' personal lives at young ages, which can possibly lead to development issues in later years. There is no need to rush.

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2. Being honest: One of the most, if not the most, important keys to successfully mingling is to remain honest at all times. Be upfront with the person you are dating and inform them that you are a single parent. If this done in the beginning, it will not come as a surprise down the line. Also, you will likely find out if he or she wants to be involved with someone who is a parent.

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3. Don't forget to be 'mommy' or 'daddy': If the previous steps have been taken in a timely manner, the meeting between your significant other and child(ren) is next. Communicate with your child(ren) before and after the introduction, in order to avoid any ill feelings or misbehavior. In addition, give him or her time to warm up to your new partner – group outings and activities may help in this department.

How do you manage dating as a single parent? Share your thoughts below.