

Ginnifer Goodwin Is Expecting a Baby with Co-Star Josh Dallas



By Brittany Stubbs

Ginnifer Goodwin is pregnant! The actress is expecting her first child with her co-star and fiancé Josh Dallas. No details have been confirmed regarding the baby's due date. Goodwin's pregnancy is not the only big news the couple has had this season. They also confirmed their engagement to [People](#) in October, including their excitement to "celebrate with our friends and family."

What are some ways to prepare your relationship for a child?

Cupid's Advice:

Whether you're newly engaged or have been with your partner for several years, having a child is a huge step in any relationship. Though beautiful creatures, a child will challenge and push you to your limits. The best thing you can do for your relationship when expecting a child is knowing what's ahead and preparing yourself for the future.

1. Expect change: It's no longer just you and your significant other; you have a new family member to take care of and think about. And this member doesn't care how much sleep you got before, how you gave up your home office for a nursery, or the weekend getaways you can no longer go on. Accepting early on that there will be changes in your lifestyle will make the transition easier.

Related: [Ginnifer Goodwin and Fiancé Joey Kern Break Off Engagement](#)

2. Prepare yourself for the worst: Being a parent is difficult, especially in the beginning. You'll often feel over-worked, sleep deprived, and helpless at times. This can lead to fighting and even feeling disconnected from your partner. Knowing that this is normal and just a phase, can keep you from over-analyzing it, adding to your stress.

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3. Budget for your baby: Setting financial boundaries ahead of time can prepare you for the costly reality of a child. Discussing specific sacrifices you each will make – whether it be giving up trips to the nail salon or a membership at the golf club – can reduce financial worries for both of you.

How would you prepare your relationship for a child? Share your thoughts below.