

# Sizzle to Fizzle: Brody Jenner and Bryana Holly



By April Littleton

A source confirmed to [UsMagazine.com](http://UsMagazine.com) that the *Keeping Up with the Kardashians* star has broken up with his model girlfriend of four months, Bryana Holly. "It just **fizzled** out," the insider said about the break up. The former flames went public with their relationship July 6 in Malibu, California. Prior to **sizzling** up with Holly, Brody Jenner was linked to Avril Lavigne, Lauren Conrad and Kristin Cavallari, who just announced her second pregnancy with husband Jay Cutler.

**How do you know when to call it quits on a new relationship?**

## **Cupid's Advice:**

Breaking up with someone you once cared for is never an easy thing to do. How do you know if you're making the right decision? Are the problems you and your companion have something that can be fixed? Cupid is here to help:

**1. Lack of communication:** There's no use in trying to save a dying relationship when you and your partner stop talking to each other completely. Communication is key to any **sizzling** relationship. If you can't fully express the way you feel and the problems you and your significant other seem to be having are just getting worse, it may be time to call it quits.

**2. Wondering eyes:** The **heat** in your relationship may not be as intense as it used to be if you find yourself interested in another person. The same goes for your honey. You and your boyfriend/girlfriend should only have eyes for each other. Talk to your partner about the status of your relationship if someone else is making you smile and weak in the knees.

**3. The love is gone:** Don't be with someone you no longer have feelings for. If you've fallen out of love and it's obvious that your girlfriend/boyfriend doesn't feel the same way about you anymore, let each other go. Continuing on with a relationship the both of you don't want to be in anymore will only make matters **fizzle** out more. You never know, the two of you might just be better off as friends.

**How did you know when to call it quits? Comment below.**