

# Celebrity News: Ian Somerhalder Hints at Reason Behind Breakup with Nina Dobrev



By Andrea Surujnauth

*The Vampire Diaries* costars Nina Dobrev, 24, and Ian Somerhalder, 34, have broken up after three years of dating. Somerhalder took to Twitter to hint as to what caused the sudden break up. According to [YourTango.com](http://YourTango.com), Somerhalder tweeted a quote from deceased playwright Lillian Hellman, reading, "A thought for today: 'People change and forget to tell each other.'"

## **What do you do if you notice your partner is changing?**

### **Cupid's Advice:**

Your partner seems to be acting differently and feel a growing distance between the two of you. What should you do? Cupid has some advice for you:

**1. Talk:** Talk to your sweetie about how you feel. Tell them that you think they are acting differently and find out the reasons behind it. The reason may not even have anything to do with you.

**2. Change:** Try to go somewhere new together. A change of scenery may be all you and your partner need to rekindle your love.

**3. Space:** Your honey may just be in a rut or going through a difficult time in their lives. Do not suffocate them. Let them have their space to figure out what is going on with them. Remember absence makes the heart grow fonder.

**What do you do when you feel your partner is changing? Comment below and let us know!**