

Celebrity Baby News: 'Buffy the Vampire Slayer' Star Mercedes McNab Welcomes a Baby Girl

By Meghan Fitzgerald

According to [People](#), Mercedes McNab, known best for her role in *Buffy The Vampire Slayer*, and husband Mark Henderson welcomed their first child on Monday, February 25th. [Celebrity Baby Scoop](#) reported that the baby was 6 pounds, 12 ounces and was 19 and a half inches long. Vaunne Sydney was born in Greenbrae, California. The actress's rep said, "Both mom and baby are resting peacefully together! They are overjoyed with their new angel, and look forward to introducing her to everyone very soon."

How do you know when you're ready to have kids with your partner?

Cupid's Advice:

Having a child with your partner is a life-changing event. Even though this journey is exciting, it may not be the right choice for you. Determining whether or not you and your significant other should have a baby is challenging. Here are three important things to consider:

1. Love: Love changes a lot about a person. It can also change what a person may do in their lives. If you are in a serious relationship and know that you're both ready to settle down, having a child may be a good next step to take. If your mate wants to have a kid, but you're still unsure, talk about it and give it some time. Making the decision to have a baby

requires deep conversations and honesty.

2. Fertility: Fertility is obviously very important to have a child. To alleviate some potential stress, check your fertility status. To save yourself from lots of tears and trouble, both you and your partner should go to the doctor. It's a smart safety precaution to take that will make your lives much easier!

3. Financial: As a serious couple questioning whether or not to have a baby, you should know each other's financial situations. Babies are costly: diapers, formula, hospital bills, baby showers, clothes and more. If you can't afford to have a child, develop a budget and open a savings account specifically for your child.

How did you know you were ready to have kids? Tell us below!