Brandy Dishes Details On Her Marriage Proposal

By Nic Baird

A marriage proposal from fiancé Ryan Press caught R&B star Brandy Norwood by surprise last week, *People* reports. “It was a spontaneous thing for my fiancé,” she said. The press didn’t plan any part of it, Brandy said. “He just felt it.” Though, the *Dancing with the Stars* contestant did say she’d “marry him with a bubble gum ring” last March.

What are some ways to make your marriage proposal spontaneous?

Cupid’s Advice:

It’s inevitable for couples to eventually discuss the next step in their relationship. If you’re gearing up towards a proposal, it’s easy to get nervous and seek reassurance from your partner. There’s nothing wrong with this, but there is something to be said about the emotion in a spontaneous proposal:

1. Practice: If you’re scared of choking in the moment, don’t be afraid to rehearse. It’s not cheating to write out what you want to convey. Address the key questions in your speech: why should they marry you? How do they make you feel?

2. Pick the venue: Whether it’s dinner, a movie, or rock climbing in the Grand Canyon, make sure you have an excuse to bring your partner to where you need them and explanations for any activity. You have to avoid suspicion at all costs.

3. Run your ideas by a friend: Brainstorming your proposal ideas are a good way to root out the best ones.

Get a friend on board who can give you some feedback. It’s also important to have someone if your scheme requires any set-up or detailed maneuvering.

What do you think makes a marriage proposal spontaneous? Share your comments below!