

Tamara Mowry-Housley Welcomes a Baby Boy



By Jennifer Ross

At last! On November 12, 2012, [People](#) confirmed that the first born child for Tamara Mowry-Housley and Adam Housley finally arrived, just two weeks after his due date. At 9 lbs., 5 oz. in weight and 21.5 inches long, Aden John Tanner Housley entered the world late in the evening, giving his parents a lesson on patience. "If I have yet to learn patience, my son is in the process of teaching me now. I have learned that I am not in control and that *he* will decide when he comes," the actress blogged. In the end, both proud parents "feel very blessed" to have baby Aden home.

How does having a baby bring you closer as a couple?

Cupid's Advice:

When you really think about it, having a baby can be serious and dirty business. There are the mood swings, lots of crying, dirty diapers, hunger pains at all hours and fatigue – from all family members. Yet, after all this, a new baby can also enrich your lives. Besides growing the family tree, here are a few benefits having a baby can bring to your relationship:

1. Communication: Because your newborn is incapable of saying exactly what he/she wants, you two as parents will have to communicate much more often. These are the times when hashing out the details are necessary, so say exactly what you mean. With consistent communication, eventually a routine will surface and a better knowledge of each other will be the reward.

2. Team work: With the endless chores surrounding a baby, forming unity in your family will be essential. You both are going to be forced to learn to rely on each other for help. Because of this, there is a lot of give-and-take. As team work is strengthened and your baby grows, soon you will see that it was all worth it.

3. New perspectives: As your baby grows, you and your partner will witness many first moments. This also gives you both the opportunity to view each other in your own “firsts” as well. Whether she perfects her gentle rocking as she is nursing or he is wonderful at reading the sports section to the baby, you will begin to see your mate in a new light, allowing you to fall in love all over again.

Did you and your partner become closer after your baby was born? If so, how? Share your story below.