

# Taylor Swift Calls John Mayer “Presumptuous” for Thinking Song is About Him



By Nic Baird

Taylor Swift's 2010 hit "Dear John" hints at a broken heart from her 2009 relationship with 34-year-old singer John Mayer, according to [UsMagazine.com](http://UsMagazine.com). Mayer told *Rolling Stone* that the song made him feel terrible and that it was undeserved. "How presumptuous!" Swift responded in November's *Glamour* magazine. "I never disclose who my songs are about." However the age gap between the former couple makes some of the song's lyrics suspiciously fitting: "It was wrong/ Don't you think 19's too young/ To be played/ By your dark, twisted games/ When I loved you so." Swift said she never read Mayer's comments on the song because she's too fragile for media gossip, but admits that her music follows her personal life. "I feel like you can

share enough about your life in your music to let people know what you're going through," Swift said. For the past two months, the pop-country singer has been dating Connor Kennedy, 18, of the famous Democratic family.

## **How can music help you get over a breakup?**

### **Cupid's Advice:**

Your feelings often affect your choice of music, but after a breakup sometimes you need the music to influence your feelings. Using breakup songs in combination with more cheerful subjects can be just the musical cocktail to cure your aching heart. Music is a powerful tool, so always make sure it's steering your emotional rollercoaster in the right direction:

**1. Understand your feelings:** Talented lyricists can put into words feelings we cannot. A breakup can hit you a million different ways, but since love is the main subject of nearly all music every scenario has already been considered. There's no reason you should be taking advice from the hit single of the day, but if breakup songs are what your mind needs to find closure, then indulge it for awhile.

**2. Cheer yourself up:** While you may empathize more with a sad ballad of heartbreak and betrayal, it is known that music directly affects your mood. If you want to feel uplifted, listen to uplifting music. If you want to feel fun, listen to fun music. If you want to obsess over the similarities between Taylor Swift's disappointing boyfriends and your own, maybe you can still find some dismal solidarity, but nobody's dancing to "Dear John".

**3. Get new experiences:** Besides song composition being a great outlet for creative energy, exposing yourself new music post-breakup demonstrates you're moving forward and opening yourself to fresh possibilities. If you music is your passion,

then now is the chance to get some friends together and go see some shows.

**What music has meant the most to you after a breakup? Share your experience below!**