

Heidi Klum Has an Affectionate Lunch with Rumored Bodyguard Beau



By Nicole Weintraub

Recently divorced Heidi Klum was spotted grabbing a bite to eat with her rumored bodyguard boyfriend, according to [People](#). Martin Kristen and Heidi Klum went for lunch at Joe's Stone Crab in Las Vegas on Tuesday where an onlooker described their behavior towards each other as very affectionate. The duo has not yet been confirmed as an official couple, but the starlet has spoken fondly of her bodyguard. Kristen has been Klum's bodyguard for the past four years, caring for and helping with her children as well. The two have been photographed together frequently since her divorce from former husband Seal.

What are some ways to be sensitive to your ex's feelings?

Cupid's Advice:

Breaking up is hard to do, especially when there are children involved. When children are involved, it is extremely important to try to remain civil with one another. Here are some tips on how to be sensitive to your ex's feelings:

1. Don't boast: If you have had the opportunity to find someone else, there is no need to shout your new love from the rooftops. Take things slow and keep them low-key, at least until it becomes serious and monogamous.

2. Do be open: Lying will only hurt your ex's feelings even more, especially if you get caught. In order to avoid a sticky situation, just be open and honest if they ask about your love life.

3. Keep it clean: Posting scandalous and revealing photos, comments or videos will only get you into trouble. Keep your personal life private – it will be beneficial for the both of you.

How have you been sensitive to your ex's feelings? Share your stories with us in the comments below.