

Reports Say Rob Pattinson Is Hiding Out at Reese Witherspoon's Ranch



Robert Pattinson has been MIA ever since news broke that his costar-turned-girlfriend, Kristen Stewart, cheated on him with Rupert Sanders, director of her flick *Snow White and the Huntsman*. Although Pattinson can run, he couldn't hide for long. Pattinson is now known to be at Reese Witherspoon's ranch. To help him escape the media, Witherspoon was kind enough to offer up her \$7 million ranch in Ojai, Calif. UsMagazine.com reports that a source says Pattinson is "a total mess...He's questioning everything," but no official words from him have been made public. However, we all know how Stewart feels after she made a very sincere and public

apology.

What are some ways to stay away from friends and family after a cheating scandal?

Cupid's Advice:

A cheating scandal is hard to escape. Not only does it haunt your mind, but you also get hassled by the outside world. Here are some ways to handle all of the pressure:

1. Exercise: The best way to get out of your house and simultaneously clear your mind is to exercise. Go for a nice long jog, or lift some weights to get all of your anger out. Either way, exercise will help you feel healthy and in control of at least one aspect of your life, even if your relationship is struggling.

2. Take a weekend road trip by yourself: When your mind is racing, talking to friends and family can often only make you feel worse. Hitting the road and blasting your music will make you feel like nothing can touch you, letting you reflect on your situation during the alone time.

3. Retail therapy: A cheating catastrophe will make you feel terrible about yourself, whether you're the cheater or your partner was. When feeling down on the inside, a little physical change can be uplifting. Go shopping for some new clothes and spend some of your money on things that will make you happy.

How would you stay away from friends and family after a cheating scandal? Tell us below.