

Peter Facinelli Officially Files for Divorce From Jennie Garth



Due to irreconcilable differences, Jennie Garth and *Twilight* star Peter Facinelli officially filed for divorce on Wednesday, TMZ reports. That said, sources told UsMagazine.com that the two have been separated for quite some time already. “It’s been over for months, maybe even a year,” one source says. The duo hasn’t taken the separation lightly because of their three daughters, Luca, 14, Lola, 9, and Fiona, 5. “They kept up some sort of charade for their kids,” the source claims. Facinelli and Garth are working together to make this separation as painless as possible for their children. Facinelli has asked for joint custody of the daughters and both have agreed to pay legal fees. At the announcement of their split, they released the following statement: “We both share the same deep love and devotion to our children. We remain dedicated to raising our beautiful daughters together.”

What are some ways to cope when your partner wants a divorce?

Cupid’s Advice:

A divorce can be a long, pain staking process. But, you eventually have to move on with your life and stop analyzing what went wrong. Here are some ways to make the process of recovering from a divorce a little easier:

1. Join a class: There’s nothing better than signing up for a class to keep you busy. If your mind is busy, you don’t have time to drown in your sorrows at home. Take a cooking class

or yoga, meet new people and keep busy.

2. Take a vacation: Get away from all the stress in your life for a couple of days, and take a nice relaxing vacation. Go with a couple of friends to the Bahamas or make it a fun trip and visit Vegas.

3. See a life coach: At the start of a divorce, you may feel a little lost in life. Go see a life coach, as he or she will help motivate you into doing new things with your new life and will help you feel better about yourself.

Do you know anyone who has been through a divorce? What do you think is the best way to cope? Share your thoughts below.