

Jennie Garth Steps Out Without Wedding Ring

Jennie Garth is already moving on. The former *Beverly Hills, 90210* star was seen leaving a Los Angeles restaurant without her wedding ring on Monday, reports [UsMagazine.com](https://www.usmagazine.com). Garth and ex-husband Peter Facinelli are currently in the process of finalizing their divorce. Garth and Facinelli were married for 11 years and share three children together: Luca, 14, Lola, 9, and Fiona, 5. “We both share the same deep love and devotion to our children,” the couple said in a statement. “We remain dedicated to raising our beautiful daughters together.”

How do you handle public scrutiny in the aftermath of divorce?

Cupid’s Advice:

A divorce is difficult even without public attention. Here are a few ways to deal with the scrutiny:

- 1. Talk to your friends:** By being open with your friends throughout the divorce process, you will keep their curiosity at bay. Your friends can also serve as a great support system, so don’t be afraid to open up.
- 2. Minimize drama:** Make your divorce as amicable as possible. A dramatic divorce will only attract more attention from outsiders. Staying friendly and honest will make the split much easier to handle.
- 3. Ask for privacy:** If you can’t minimize public scrutiny, there’s no shame in asking for a little privacy. Your friends and family will realize that this is a difficult time for you, and they will give you space if you ask for it.

How would you handle public scrutiny after a divorce? Feel free to leave a comment below.