

Rumor: Is Snooki Engaged and Pregnant?



After the news broke that the possibly pregnant Nicole “Snooki” Polizzi was also engaged, photos surfaced of her engagement ring. According to [People](#), the ring was big and flashy and picked out by Snooki’s soon-to-be husband, Jionni LaValle. It’s not exactly the quietest way to break the news, but Snooki would have said “get another ring” if the stunner wasn’t up to par.

What are some ways to break the news of a surprise pregnancy and engagement?

Cupid’s Advice:

Sometimes it can be difficult to let friends and family know about something unexpected in your life. Cupid shares some advice:

1. Timing: There’s no rush in letting people know the big

news. Make sure it's at a time in which everyone important to you is available and able to focus on the announcement of [a baby](#) or relationship change.

2. Simplicity: Keep it simple. Don't complicate things by making small talk or making up a reason as to why you may have gathered people together. Be prepared with what you're going to share, and be straightforward.

3. Knowledge: Think of questions friends and family may ask about the expected baby or engagement. Be prepared for possible bad reactions, but expect the best from the people you love.

What are some ways to break big and surprising news? Share your ideas below.