

# Exes Kate Hudson and Owen Wilson Have Surprise Reunion at Oscars Bash



Kate Hudson and Owen Wilson prove that exes can be friends after a breakup. The former couple who dated from 2006-2007 after working together on the set of *You, Me and Dupree*, had a surprise reunion at the *Vanity Fair* Oscar party on Sunday. A partygoer told [UsMagazine.com](http://UsMagazine.com) that the two “totally had a moment” as they “hugged and kissed each other on both cheeks.” The source also revealed that the two stars talked about their kids and how old they are now (Hudson welcomed son Bingham in July 2011 with fiancé Matt Bellamy and Wilson and Jade Duell welcomed son Robert Ford in January 2011; Hudson also has son Ryder, 8, with ex-husband and Black Crowes front man Chris Robinson). “They pulled out their phones to show each other pictures,” the partygoer said. “They both oohed and ahhed over them.”

**What are some ways to become friends with your ex after a split?**

**Cupid's Advice:**

So you and your ex didn't make it to the altar like you thought would, but that doesn't mean the two of you still can't be friends. Don't know how to get over the awkwardness ? Cupid has some tips:

**1. Give yourself some time:** You may not be ready to immediately come face-to-face after your relationship ends, which is understandable. Allow yourself time to heal after splitting, especially if it ended on bad terms.

**2. Get over the grudge:** The breakup might not have ended so well, but if it's been years since then, you shouldn't hold onto a grudge forever. Sometimes, not holding a grudge with your former flame can be what you need to move on to the next best thing.

**3. Be friendly:** If you have the same friends, you might run into each other often. When this happens, smile and make small talk. This may not reignite the spark in your old relationship, but it may lead into becoming friends again.

**Were you able to become friends with your ex? How? Share your stories below.**