

# VICTORIA BECKHAM DISCUSSES BEING A WORKING MOM



Former Spice Girl Victoria Beckham presented a collection at the New York Fashion show, and critics said she looked a little disheveled and unhappy. That said, they couldn't be more wrong. "Look, if people want to say I'm miserable, then so be it," she said, according to [Us-Magazine.com](#). "I'm really not. I have a lot on my plate. I'm not going to lie about it, I'm tired. I'm really tired, but I'm also very happy with my life." Victoria has four children with soccer star husband David Beckham and the newest addition to the family, Harper Beckham, is only seven months old. "I'm not getting much sleep at all," she added. "Harper's not sleeping that great, and I've been taking Skype business calls throughout the night, too, because of the collections. I'm up with the baby as all mums are, and I wouldn't have it any other way. There's not a team of people doing it for me."

What are the benefits of being a working parent?

Cupid's Advice:

Being a good parent and a good employee is a balancing act, but so is life in general. That said, being a working parent has some great benefits. Cupid has some tips:

1. Living standard: By having a job with a steady income, you'll be able to provide your children with their basic needs without stress on yourself or your budget.

2. Role model: Young children are always mimicking adults, so by showing them that you're a hard worker and goal-oriented, they will hopefully follow in your footsteps.

3. Balance: Learning to balance everything on your plate as an employee and a parent will give you a sense of duty and accomplishment. You'll learn to prioritize what's important in your life, and hold on to things that are the most meaningful to your happiness.

How does having a job while being a parent benefit your life? Share your comments below.