

Emily Maynard is 'Scared to Death' to Date on TV Again

When Emily Maynard and *The Bachelor's*, Brad Womack, ended their engagement, she had absolutely no intention of being the star of the next season of *The Bachelorette*. But, next month, that's exactly what she'll be doing. "I had no intentions of ever being the next Bachelorette. I genuinely meant that," said Maynard. "I feel like the biggest hypocrite because I said that, and now I'm doing it." According to [People](#), though she knows dating on TV can work, she admits to being scared about diving into the reality TV dating pool once again. The blonde beauty also admits that it's difficult to date as a single mom. The show will be filmed in Charlotte, North Carolina, where Maynard is raising her 6-year-old daughter as well as in other locations.

How do you get over the fear to date again after a failed relationship?

Cupid's Advice:

After a failed relationship, it's okay to take some time off dating. But, when you fall down, you need to get back up again. Cupid has some advice:

- 1. Go out with friends:** You don't need to actually go on a date to put yourself out there in a social situation. Go out on the town and socialize.
- 2. Try online dating:** With so many relationships beginning online these days, it never hurts to look. Plus, there's no doubt that it's convenient. You can filter by the qualities you do and don't like before the first date!

3. Reward yourself: Give yourself small rewards for taking steps to get back into the dating scene. It can certainly be easier said than done.

What are some ways to put yourself out there in order to get back into the dating scene? Share your thoughts below.