

Jay Cutler Says He Never Broke Up With Kristin Cavallari



✘ Kristin Cavallari and Jay Cutler are expecting their first child together, but it seems like there might be more critics than fans. Despite the couple's rocky relationship and rumors of a previous split, Cutler denies the accusations. As a result, the duo have taken matters into their own hands.

According to [People](#), Cutler commented on Twitter saying, "Thanks for all the tweets. We couldn't be more excited. We don't usually comment on our relationship, but for the record I never broke up with Kristin. It's unfortunate some people are saying hurtful things during such a joyous moment in our life." Cavallari showed her support by retweeting his message.

What do you do if those around you aren't happy about your pregnancy?

Cupid's Advice:

It's *your* pregnancy so don't worry about what everybody else has to say. Cupid has some tips to keep your cool when you're getting to much heat from outsiders:

1. Be polite: It can be easy to lash out on people sticking their noses where they don't belong, so instead politely ask them to be respectful of your situation, and if they can't be happy for you, to leave you alone.

2. Understanding: If it's someone close to you who's acting negatively, take the time to hear their side. Then let them hear yours, and ask for their understanding and support.

Babies typically bring families and friends together in the end.

3. Keep private: Leave all the thoughts and decision-making about your pregnancy between you and your partner. Getting other people's perspective and comments in the mix can make things messy and lead to unnecessary arguing.

What are your suggestions for someone going through this situation? Share your comments below.