

Is Russell Brand Writing a Memoir About Katy Perry?

Russell Brand is full of surprises. After filing divorce from Katy Perry, Brand has decided to do what celebrities do best after a break-up: write a feel-for-all book. According to UsMagazine.com, Brand will reveal all the details of his marriage with Perry in a memoir. A friend of Perry said, "Katy is insulted and feels betrayed that Russell has treated her so poorly. She will never forgive him. Ever."

What do you do if your ex airs details of your failed relationship?

Cupid's Advice:

It would be nice to think that after a break-up, your [ex](#) would refrain from giving away the good and the bad of your relationship. However, sometimes it happens. Here's how to cope:

- 1. Ignore:** It may seem easier said than done, but you need to be the bigger person and show your ex that you are a confident single gal.
- 2. Fight fire with fire:** If you want to get rid of your babbling ex partner, why not tell everyone a secret from your past relationship that will put him/her to shame? This may be stooping to his level, however, so think about it carefully before doing so.
- 3. Own up:** Go ahead and confess to the bad that your ex is laying out to the world. You will look like the honest ex who has nothing better to do, but move on.

How have you dealt with your ex telling details of your failed relationship? Share your comments below.