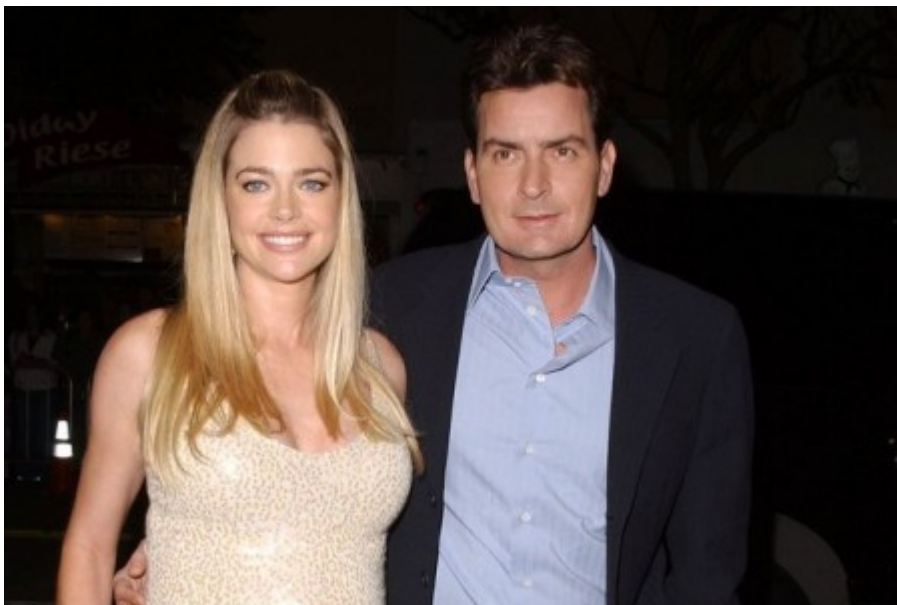


Denise Richards and Charlie Sheen Bring Kids on a Winter Vacation



Charlie Sheen is spending the holiday season a little differently this year, reports [People](#). The actor and his ex, Denise Richards, are vacationing with their daughters at an unknown tropical location. Sheen posted a photo of the family on the social networking site WhoSay with the caption, "What's better than a modern family vacation!?! love spending winter break w/ @denise_richards & my kids!"

Is it unhealthy to take a vacation with your ex and the kids?

Cupid's Advice:

Though having the family together may seem beneficial, there are some downsides to a shared vacation. Here are a few things to consider before vacationing with your ex and the

kids:

1. Payment: Make sure that you and your ex come to an agreement about the cost of the trip. Decide if the two of you will split the cost of the hotel room, meals and outings ahead of time.

2. Living arrangements: Before you invite your ex on vacation, make sure you review your living arrangements. If you are planning on staying in a hotel, make sure your room has enough beds for your whole family to sleep comfortably (and separately).

3. Your feelings: If you and your ex still have a strained relationship, vacationing together is not the best idea. Your kids may love having the family together, but they will not enjoy it if you and your ex spend the getaway bickering.

Have you ever vacationed with your ex and the kids? Feel free to leave a comment below.