


# Marc Anthony Threatens to Quit Latin TV Show After Fight with Jennifer Lopez



 The split between Jennifer Lopez and Marc Anthony has been a rocky road, and after six months, Anthony still struggles to face Lopez, who has recently started a new relationship with 24-year-old backup dancer Casper Smart. In fact, Anthony refused to travel to Peru and Chile to host and executive produce the latest auditions on his reality show *Q'Viva: The Chosen* after a fight with Lopez. It was reported that Anthony spoke to creator Simon Fuller and told him he was considering quitting for good. His reason was “quite simply, J.Lo. I can’t work with her,” an insider told [Star Magazine](#). The couple was married for seven years, and after the split, working together as business partners may be next to impossible.

**How do you keep your ex partner’s new relationship from affecting your life?**

## **Cupid’s Advice:**

It’s hard to see your ex start a relationship with someone else. Cupid has some tips to help you deal with those feelings:

**1. Move on:** Venting is one step, but the ultimate goal is to move forward with your life. Don’t get trapped in negative thoughts or dwell in the past.

**2. Accept reality:** You and your ex are no longer together, and the sooner you realize this, the sooner you will be able to pursue new relationships of your own.

**3. Avoid them:** If seeing your ex in a new relationship is too hard for you to handle, try your best to avoid bumping into them and block them from your thoughts.

**How did you avoid being affected by your ex's new relationship? Share your comments below.**