

# Date Idea: Create a List of New Year's Resolutions with Your Partner



A new year is here, and you know what that means: Time to make a few resolutions! This year, try something different and make a list with your partner. Setting resolutions together is not only a fun weekend date idea but a great way to strengthen your relationship. Figure out what you both need to do as a couple to keep things moving forward. Then, write down your suggestions for each other and for yourself. Take Cupid's [relationship advice](#) and make sure to commit to more quality time together.

# Cupid's got relationship advice just in time for the New Year! What resolutions will you and your sweetie work on together?

It's hard to find time when you're busy with work, but with a little creativity, you'd be surprised at how easy it can be. For instance, instead of sitting in front of the computer alone or running errands by yourself, invite your other half to work on projects or tasks with you. That's a great way to sneak in some time together.

**Related Link:** [Dating Advice: 7 Things All Healthy Relationships Require](#)

Don't forget to include communication on your list of resolutions. If you were to ask any relationship expert, they'd probably tell you that for a relationship and love to be successful and healthy, you *must* listen to one other. So why not make a date out of it? Express your needs to your partner and listen to theirs in return.

You can even turn to your favorite celebrity couple for inspiration. For instance, if you've always admired how easily [Jennifer Aniston](#) and Justin Theroux show their love for each other, talk to your significant other about it and let them know that you'd like to be more open about your feelings in front of your friends. Or, if you're struggling to fit romance into your busy lives, read some recent interviews with celebrity mom [Carrie Underwood](#) to see if she has any helpful love advice.

**Related Link:** [Celebrity News: Justin Theroux Constantly Tells Jennifer Aniston She's Beautiful](#)

If you run out of unique ideas for your list, you can always

fall back on the tried and true resolutions, which include eating healthy, exercising, and getting rid of bad habits like smoking. Think about your use of technology too: Try putting down the phone and texting less while you're together. You can also schedule one date night per month that *doesn't* involve staring at a screen: Instead of watching television or going to the movie theater, head to a nearby museum or just take a stroll in the snow.

**Do you have any more relationship advice for couples writing New Year's resolutions together? Let us know in the comments below!**