

Rebound: Elisabetta Canalis Is Dating Mehcad Brooks



Elisabetta Canalis is already moving on. The former Italian TV personality, who dated George Clooney for two years until their split last June, is now in a new relationship with *True Blood* star Mehcad Brooks, reports UsMagazine.com. "They started seeing each other after she left *Dancing with the Stars*," said a source. "She already refers to him as her boyfriend. They're really cute."

How do you know if your new relationship is a rebound?

Cupid's Advice:

It's easy to enter a new relationship before you have recovered from a past breakup. Here are a few ways to tell if you're in a rebound relationship:

1. You think about your ex: If you find yourself frequently thinking about your ex instead of your new partner, you probably still have feelings for your former partner.

2. You compare your relationships: If you find yourself comparing your current partner to your ex, you need to rethink the relationship. Let your partner be their own person, and don't compare them to your ex.

3. You don't see a future: If you're in a serious relationship, try visualizing a future with your partner. Until you can picture a future with your partner, you will never be completely over your ex.

Have you ever been in a rebound relationship? Feel free to leave a comment below.