

Denise Richards and Richie Sambora Are Dating Again



Being reunited must feel good for on-again couple Denise Richards and Richie Sambora. The two were seen together Sunday night at a Japanese restaurant in California, according to [E! Online](#). After a year long relationship in 2007, the couple have decided to try their hand at love together again. In Richard's memoir, she discussed her relationship with Sambora saying, "Richie and I shared an easiness I hadn't before had." She also revealed that since their split, the couple has met up a few times. It's clear that they both still care for each other, and hopefully this time around proves to be more successful.

What do you do when you haven't gotten over your ex?

Cupid's Advice:

It's important to give yourself some time after a breakup to focus on yourself. However, if after a while you still have strong feelings for your ex, maybe it's time to explore why you broke up and if there's potential for a reconciliation. Here are some things to consider:

1. The reason you can't move on: Many times it's hard to get over an ex if there was no closure at the end of your relationship. Meet up with your ex and discuss why your relationship ended to help your feelings subside.

2. Learn from your mistakes: In a lot of relationships, both parties feel like the other is at fault for a breakup. Instead of blaming your ex for everything, look at what you both could have done better to make your romance last.

3. Second chances: Sometimes it takes a split and individual growth to realize that your ex is the right person for you. Talk to your former partner and see if there's a potential future still there for you.

What did you do when you couldn't get over your ex? Tell us your story below.