

# Date Idea: Volunteer Together this Holiday Season



The holiday season is filled with celebration, family time and giving. And, there's no better way to give than by volunteering to help the less fortunate. Find a cause that both you and your significant other think is important, and enrich the lives of others.

Rather than going out for a meal, serve meals together instead. Volunteering at a soup kitchen is a selfless act that you'll later appreciate and if you do it with your partner, it'll definitely bring you closer together. Check out volunteer opportunities at soup kitchens near you.

Another way to volunteer is by visiting residents in

retirement or old age homes. Family time is practically synonymous with holiday cheer and often families can't make it to see their loved ones. Take time to bring joy to others by playing cards, baking, reading or simply telling them stories.

If none of the above ideas work for you this holiday, try giving back to your community by making gift baskets with your mate. Gather non-perishable food items and donate them to the underprivileged. The two of you can also bond over cooking meals and delivering them to homeless shelters.

Acting selfless as a couple during a season of indulgences will help you work on your own relationship and appreciate the fact that you have one another at this time.

**Let us know how you are giving back as a couple this holiday season and what your favorite volunteering activity is.**