

Kiefer Sutherland Splits With Longtime Love Siobhan Bonnouvrier



Bad boy Kiefer Sutherland is back on the market after splitting from long-term girlfriend Siobhan Bonnouvrier. UsMagazine.com reports that the couple was together for nearly three years. According to a source, "They've split for now," but things are "transitional and ever changing." Sutherland has been married twice before and was engaged to Julia Roberts in 1990 before she called off the wedding.

In an on-again-off-again relationship, when is it time to call it quits for good?

Cupid's Advice:

When you and your mate find yourself constantly breaking up

and making up, you'll reach a point where you can't go on. Cupid has some tips on when to end an on-again, off-again relationship for good:

1. Same fights: When you and your partner keep having the same fights over and over and can't seem to resolve your issues, it might be time to break up.

2. Unwanted stress: If your relationship is contributing more stress to your life, you should consider ending it. Your significant other should make you happy, not anxious or angry.

3. No stability: Sometimes even when you're crazy about someone, you just don't need the emotional rollercoaster. If you want something permanent and long-lasting, it's time to end your on-again, off-again relationship.

What would have to happen to make you decide to permanently end an on-again off-again relationship? Share your comments below.