

How to Get Back Into Dating After a Divorce



By Elizabeth Cutten

Divorce can be a stressful process, especially when you consider all of the worrying you have to do about what you're getting, what you're going to owe, and the attorney fees. It may seem like it's going to never end! That said, it's important to stay positive about love. Eventually, you'll find that there's going to be a point where you will want to settle down with someone again.

The question is, how do you date after you get divorced? While I haven't personally been divorced, I have had some friends that went through the process, and this is what I've learned.

Things to Do Before You Start Dating Again

Be patient: Make sure not to jump into anything too quickly. While you may feel lonely without a significant other, it's not good to rush a relationship. Set your priorities straight and know what you want in life before you take your leap of faith.

Fix the problem: Why did you get divorced in the first place? Be honest with yourself. Were you the problem? Did things you used to do annoy your significant other? While you can't be perfect, try your best to fix your own issues before you start dating again.

Enjoy yourself: Find your single friends and hang out together. Check out all of your favorite bars and restaurants. The more you do, the more you can take your mind off of things. This is a great way to release stress and avoid sitting at home thinking about your ex.

Don't get revenge: Don't start dating someone because you want to get back at your ex. Not only is this going to hurt another person, but it's going to cause more stress for yourself. Set out to find someone that you want to start a relationship with, and move on.

How to Start Dating Again

Try online sites: There are a lot of great dating sites out there that can match you up with others similar to you. Sites such as OkCupid.com and Match.com are a great place to start. While many frown upon online dating, be open to it. Just make sure that you always meet in public places.

Speed dating: Find speed dating clubs that can help you meet with people in your local area. The cool thing is that if you instantly know there's no connection with someone, you're on to the next person in less than five minutes!

Hang out with friends more: By doing this, you're able to let loose and have fun. Plus, you may even be able to network with some single friends of theirs. You will find that just like your career, networking is always a good idea.

Keep your head up high, and keep your stress level low. You're going to find that as long as you don't jump into things, a new life can work wonders in the long run. Good luck!

This was a guest post written by Elizabeth Cutten. You can find more of her work over at FindSecuredCards.com, a blog /resource helping those in debt get out of it for good!