Celebrity News: Kelly Preston Dies from Breast Cancer at 57 & John Travolta Pays Tribute



By Alycia Williams

In latest <u>celebrity news</u>, Kelly Preston died on July 12, 2020 after a long battle with breast cancer. According to *UsMagazine.com*, Preston's husband, John Travolta, paid tribute to his late wife in a Instagram post. "She fought a courageous fight with the love and support of so many," Travolta wrote. "Kelly's love and life will always be remembered." The <u>celebrity couple</u> shared three kids together. Their eldest child died at the age of 16 in 2009, but Travolta mentions that he will be taking time off to care for his other two kids who have lost their mother. In celebrity news, tragedy has struck Hollywood, as Kelly Preston passed away after a two year battle with breast cancer. How do you cope with the loss of your significant other?

Cupid's Advice:

No one is ever really prepared for a loss of a loved one, especially not your significant other. If you're looking to cope with the loss of your partner, Cupid has some advice for you:

1. Allow yourself to cry: It's not healthy to keep your emotions inside, especially when it comes to something as drastic as a lost life. Don't hold your feeling back, no matter where you are. Allow yourself to cry and to feel that pain.

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2. Go easy on yourself: There is no right way to feel when it comes to losing a partner. Don't get down on yourself if you're too sad or not sad enough, as everyone deals with grief differently and you're entitled to your own feelings.

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3. Seek support: When you're grieving, it's sometimes best to be around your family and friends. The people who love you and want the best for you are the people who you need to seek support from. Reach out more often than you usually would,

especially those times when you're feeling lonely.

How do you cope with the loss of your significant other? Start a conversation in the comments below!