

# Celebrity News: Chris Lane Reveals Quarantine Has Strengthened Relationship with Lauren Bushnell



By Ellie Rice

In the latest [celebrity news](#), Chris Lane has commented on the benefits of being quarantined, specifically highlighting how it has strengthened his relationship with his wife. According to *UsMagazine.com*, Lane and former *Bachelor* star, Lauren Bushnell tied the knot late last year after a four month engagement. He notes that they find ways to keep each other entertained during their time inside, which has allowed for their bond to deepen. We hope that everyone is staying safe

and spending quality time with their loved ones, just like these two!

**In celebrity news, Chris Lane believes that his time spent in quarantine with wife, Lauren Bushnell has made them closer. What are some ways to strengthen your relationship during a difficult time?**

**Cupid's Advice:**

Couples experience challenges at numerous points during the course a relationship. If you are looking for ways to strengthen your partnership during a tough time, Cupid has some advice for you:

**1. Express yourself:** Make sure you are always communicating with your partner. No matter the situation, an open line of honest and transparent communication is crucial to any successful relationship. Tell your partner how you are feeling and allow yourself to listen so they can do the same. Whatever you are going through together or personally, make sure you are there for each other no matter what.

**Related Link:** [New Celebrity Couple: Lauren Bushnell Called Chris Lane's Ex-GF to Tell Her They Were Dating](#)

**2. Appreciate each other's company:** Similar to the Lane's, you may be navigating through the uncertainty of our current world crisis. In times like these, it's important to stay calm and remain inside so you are protecting yourself and your loved ones. Use this time to strengthen your relationship with your

partner. Make dinner together every night and try to do something fun indoors! Maybe a board game after dinner or a movie marathon with all the flicks you've both been wanting to check out.

**Related Link:** [Celebrity Exes: 'The Bachelor' Star Lauren Bushnell Says She Hasn't Spoken to Ex Ben Higgins Recently](#)

**3. Alone time is okay:** You don't need to spend every second of the day with your partner just because you think it will help your relationship. It's important to make time for yourself and allow each other to spend time apart. Suffocating your loved one especially when they are going through a challenging time, may push them away even more. Show your partner how much you care about them by acknowledging their needs before your own. The ability to listen to your partner's feelings will definitely strengthen your relationship in the long run.

**What are some ways you strengthen your relationship in times of uncertainty? Start a conversation in the comments below!**