

# Parenting Advice: How to Help Kids Learn to Express Gratitude



By [Emily Green](#)

With Thanksgiving coming up, it is important that we all remember to express our thanks to others not only this time of year, but year round. As a parent, it is important to teach kids from an early age to express thanks to those they interact with. Check out some of these [parenting tips](#) to helping kids to learn to express gratitude year round:

# Having your kids learn how to express gratitude is an important aspect of growing up! Here is some [parenting advice](#) on how to help your kids learn to express gratitude on more than just Thanksgiving Day:

Gratitude is a key lesson to learn, and the earlier your kids learn the better! Gratitude is the attitude that everyone should have- it helps make the world a better place! Here are some of Cupid's tips on how to teach your kids gratitude:

**1. Lead by example:** If your kids see you expressing gratitude every day, they will be sure to follow in your footsteps! By remembering yourself to express gratitude to others, even with the smallest acts of kindness, your kids will learn that gratitude is an important part of growing up.

**Related Link:** [Parenting Tips: The Benefit of Kind Words](#)

**2. Practice small acts:** Intertwining small acts of gratitude into your everyday life is a great key to having your kids learn just how important gratitude is. Whether it is remembering to send a thank you card after an event, or simply just saying thank you after someone holds the door open for you, your kids will learn to integrate these acts into their everyday lives.

**Related Link:** [Parenting Tips: Lifestyle Changes for Better Behavior](#)

**3. Take it easy:** Making the environment for learning as easy as possible is the most important key to your kids learning

gratitude. Provide them with the appropriate materials, resources and don't discourage them if they mess up. Learning takes time, and with you helping them along the way, they will express gratitude year round without any reminders.

**What are some other ways parents can help kids learn to express gratitude? Let us know in the comments below!**