

Celebrity News: Kendall Jenner & A\$AP Rocky Attend Sunday Service After He's Released from Prison



By

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In [celebrity news](#), upon his return to the U.S. on Saturday morning, August 3, A\$AP Rocky was photographed exiting his private jet and wearing a big smile (and of course, his classic designer babushka in true [celebrity style](#)). According to *UsMagazine.com*, the rapper had spent one month behind Swedish bars before being released Friday, August 2. Just two days later, he was filmed wearing the same smile, as he chatted it up with former flame and [reality TV](#) star Kendall Jenner while attending Kanye West's weekly Sunday Service.

In celebrity news, Kendall Jenner and A\$AP Rocky wasted no time getting together after he was released from prison. What are some ways to support your partner after a traumatic event?

Cupid's Advice:

While the celebrity exes spent no time getting reacquainted with each other after Rocky's release from prison, Cupid has some advice on how to navigate a relationship and support your partner after a traumatic event:

1. Be communicative with each other: Communication is important, especially if the one you love has been gone for months. In order to rebuild the relationship and understand parts of your partner's experience you may not be all that familiar with, having open and honest conversations is helpful. Most of the time, survivors of trauma have a lot on their mind and just need someone to talk to in a safe space without judgment.

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2. Comfort your partner: Sometimes when words fail, physical touch can do wonders. Whether you comfort your partner by kissing them on the forehead or tightly embracing them, you are providing a safe and supportive environment for them. Words are not always enough, but just your presence can be appreciated and let your partner know that you are there for them.

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3. Understand triggers: Depending on the trauma, survivors may have a list of triggers, including loud noises, dark places, and confined spaces. Triggers can suddenly recreate trauma for your partner and make them relive an experience they would rather not relive. By knowing your partner's triggers you can help make them feel safe and avoid exposure to their certain triggers.

Can you think of any more ways to support your partner after a traumatic event? Let us know in the comments below!