

Celebrity Couple News: Demi Lovato & Logan Henderson Aren't Dating, Despite Fan Speculation



By [Bonnie Griffin](#)

In the latest [celebrity couple news](#), fans have been speculating that [Demi Lovato](#) and Logan Henderson were dating, but sources confirm they are not an item. After a recent get-together to watch the latest episode of *The Bachelorette* was documented on Instagram by the stars, fans speculation they were dating soared. According to *UsMagazine.com*, the “duo’s past alleged romantic association – led fans to draw conclusions about Lovato and Henderson dating.”

In celebrity couple news, not all fan speculation is accurate. What are some ways to keep untruths about your relationship from affecting your life?

Cupid's Advice:

Whether you're in a relationship or not, sometimes you may run into rumors and untruths in regards to your relationship status. It is important not to let these untruths set you on a negative path. Cupid has some advice on keeping untruths about your relationship from affecting your life:

1. Set the record straight: Start with the simplest option. If you're hearing rumors about your relationship, then simply counter with the truth. If you and your partner or alleged partner want to keep the untruths from spreading, let everyone know the truth.

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2. Trust your partner: If you're in a relationship and people are spreading lies you need to have trust in your partner to keep the untruths from affecting your lives together. Trust requires open communication, so talk to your partner. Share what you've heard, and be open to believing what they say instead of letting outside sources influence your life.

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3. When all else fails, ignore the rumors: People like to talk and sometimes that will lead to untruths and rumors starting about your relationship. You can argue with people, tell them

it's all lies, or you can choose to ignore them and live your life. Ultimately you are in charge of your happiness, so choose to ignore the untruths people are saying and live your best life.

What are some ways you face untruths being shared about your relationship? Let us know your thoughts in the comments below.