

# Celebrity Baby News: Duchess Meghan Has Been 'Very Emotional' Since Welcoming Baby Boy



By [Mara Miller](#)

In [celebrity news](#), [celebrity couple](#) Duchess Meghan and Prince Harry welcomed their new baby boy on May 6th. According to an exclusive source from *UsMagazine.com*, Duchess Meghan has been very emotional since welcoming her new bundle of joy! "This is definitely my first birth," Prince Harry said. "I am so incredibly proud of my wife and as every father and parent would ever say, your baby is absolutely amazing, but this little thing is absolutely to die for, so I'm just over the

moon.”

**In royal celebrity baby news, Duchess Meghan was ‘very emotional’ after welcoming her son into the world. What are some ways to support your partner’s emotions after the birth of your child?**

### **Cupid’s Advice:**

Emotions can be all over the place after you go through the birth of a child, and it’s important that your partner supports you. Cupid has some tips:

**1. Let her cry or get emotional:** Don’t try to fix it. If she needs to cry, let her cry. Comforting her is the most important thing you can do. She needs time to process what happened during the birth and her feelings over becoming a Mom.

**Related Link:** [Royal Celebrity Baby News: Meghan Markle & Prince Harry Welcome First Child](#)

**2. If she’s breastfeeding:** Make sure she’s getting enough water while the baby nurses. Not enough water can leave her dehydrated and exhausted.

**Related Link:** [Celebrity Baby News: Blake Lively & Ryan Reynolds Are Expecting Baby No. 3](#)

**3. Praise her:** New mothers sometimes doubt themselves so give her encouragement if she starts showing signs of being overwhelmed. And don’t forget to tell her how much you love her!

**What are some more ways you can support your partner's after the birth of your baby? Let us know in the comments below!**