

# Celebrity Parenting: Kristin Cavallari Says Jay Cutler Is the 'Stricter Parent'



By

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Though no one would argue that celebrity parents [Kristin Cavallari](#) and Jay Cutler aren't a team, they do have slightly different parenting styles. According to *UsMagazine.com*, Cavallari is a more laid-back parent. Though she's insistent that she doesn't let the kids run wild, she admits, "I'm more along the lines of let kids be kids and make a mess..." Husband Jay Cutler, on the other hand, likes to be a little stricter than his wife and can do without the mess.

# Even celebrity parents have to discipline their children. What are some tips to keep in mind for disciplining your kids?

## Cupid's Advice:

Disciplining your kids is never a fun time, but it's a necessary evil when it comes to helping your kids grow up the right way. Cupid has some tips:

**1. Keep it positive:** Don't focus on what they're doing wrong. Keep the focus on the positives. If they washed their face and didn't brush their teeth, emphasize how good it was that they washed their face. Give them a high five or words of affirmation. They will associate good behavior with good feelings.

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**2. Give them individual attention:** Rather than waiting for your child to misbehave, give them attention. This proactive approach, gives positive attention to the child so that they strive to emulate positive behavior that they see mommy or daddy do.

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**3. Have clear rules with tangible punishments:** There should be a clear direction or even written paper that dictates to your child what rules they are expected to follow. If they know that not doing homework means no dessert, they are not punished after the fact. Your kids already know what will

happen if they don't do their homework. But make sure you're consistent with what you expect from your child.

**How do you balance disciplining your child? Share below.**