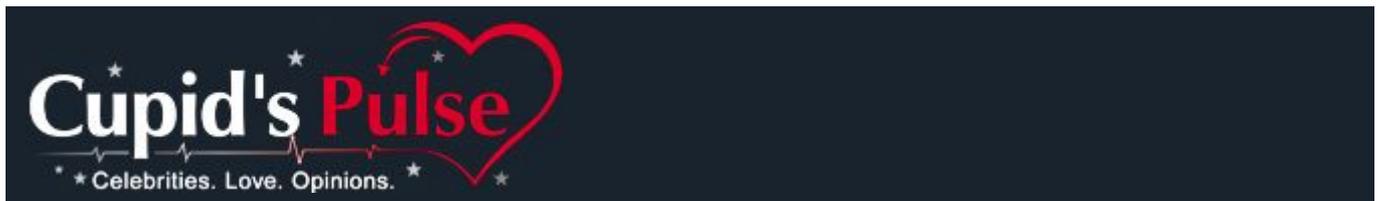


Movie Review: Captain Marvel



By Courtney Shapiro

If you're looking for a movie full of action, a strong female lead, and another cinematic trip into the famed Marvel Universe, then *Captain Marvel* is perfect for you. With a journey into a previously unseen part of the Marvel Cinematic Universe, this movie starring Brie Larson as Carol Danvers will be great for date night! Carol Danvers becomes one of the world's most powerful heroes when Earth becomes wedged in the middle of a war between two alien races. The movie also features other Marvel celebrities, including Samuel L. Jackson and Jude Law. Check out our [movie review](#) on why you should see *Captain Marvel*.

Captain Marvel is a great action film for your next date night or time to spend with family!

Should you see it: If you're already a Marvel fan and love action movies, then this a no-brainer.

Who to take: This movie can be good for a date, but since it's full of action, and sci-fi elements, it can also be great to see as a family.

Cupid's Advice:

Captain Danvers seems to constantly have to prove her worth which is sometimes difficult. We have some advice on why you should believe in yourself and keep moving forward:

1. Know your worth: You have talent and value. If you chose a certain job or have a passion or hobby, keep pursuing it. You don't have to prove yourself to anyone if you are doing something you love. Take a couple steps back from the negativity and just live your life.

Related Link: [Movie Review: Have a Blast Watching 'The Spy Who Dumped Me'](#)

2. Use your actions: If you're tired of people questioning you, prove them wrong through what you accomplish. It's a waste of energy to use words and go on and on about how well you can do something. If people don't see it, they may not fully believe in you.

Related Link: [Movie Review:Night School](#)

3. Write yourself positive feedback: If no one else seems to be giving you positive feedback, it is totally okay to give it to yourself. Boost your own confidence, and be your number one

supporter.

Have you had to prove yourself over and over again? Share your advice below.