## Movie Review: Isn't It Romantic





By Lauren Burczyk

Looking for the perfect rom com to attend with your love? You won't have to look any further than this review! We have the perfect romantic comedy, where a woman's life actually turns into one. After hitting her head on a pole in the subway trying to save her purse from a thief, Natalie, a love cynic, played by the delightfully hilarious Rebel Wilson, wakes up to find herself in a world much different from her own. In theaters February 13th, this lighthearted comedy will be the perfect start to your Valentine's holiday. Isn't It Romantic is a romantic comedy about a woman that doesn't believe in love who suffers an injury and wakes up to find herself in a world revolving around love and romance. Something that initially feels like her worst nightmare, turns into being everything she always needed. Read on for our movie review and ways to stop being so cynical about love.

**Should you see it:** If you're looking for a great romantic comedy to get you in the Valentine's Day holiday spirit, then this one's for you!

Who to take: This movie is perfect for a <u>date night</u>. Take your partner or someone you recently started dating to kick off Valentine's Day.

## Cupid's Advice:

Cynicism is often times a defense mechanism. If you've been jaded by love in the past, then it's common to become cynical about love. Here are some ways to stop being such a love cynic and find your perfect match:

1. Recognize that you've become cynical about love: Just like anything else, it's important to identify your problem, so that you can overcome it. Take a look at how you view other couples and how you feel about your past relationships, if your thoughts are mostly negative, then this may determine just how cynical about romance you've become.

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2. Challenge your inner love cynic: To change how you feel about love, you must challenge your current thoughts on being in a relationship. For instance, if you think that relationships are a waste of time, try seeing it another way. Look at a relationship as an experience to learn and grow from another individual, no matter the outcome of how it turns out.

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3. Examine your social media posts: A great way to change your thoughts on love and become more open to the idea of a relationship, is to examine your posts on social media. If many of your shared posts are negative toward love and relationships, try unfollowing the original page that posted the content, so that you are not subject to that type of thought any longer.

Can you think of any other ways to stop being such a love cynic? Comment below.