

Celebrity News: Dax Shepard Denies Having Affair With Julie Andrews' Granddaughter



By [Courtney Shapiro](#)

In [celebrity news](#), Dax Shepard speaks out against cheating allegations that surfaced recently. According to *UsMagazine.com*, Shepard responded to a *Daily Mail* post claiming he had cheated, saying, "Hey Daily Mail, that photo is 13 years old, not 9. Also, Kayti has sold stories to tabloids about Matthew Perry, Jack Osbourne, Kid Rock, and now me. I look forward to her next one. Fingers crossed it's about my #1, Brad Pitt :)." Shepard's [celebrity relationship](#) with actress Kristen Bell is still going strong, and the pair is happily married with two children.

In celebrity news, Dax Shepard is publicly denying claims of an affair. What are some ways to defend yourself about untrue rumors that affect your relationship?

Cupid's Advice:

How can you defend yourself against rumors about your relationship? Cupid has some advice:

1. Stick by your partner: If rumors are circulating about your partner, make sure you stay positive and stick by them. The rumors aren't easy for either of you, but since they are specifically about your partner, they are probably having a more difficult time than you are. Help your partner by reassuring them that everything in the relationship is how it should be.

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2. Have an open conversation with your partner: The best thing for your relationship is talking out the issues with each other. Don't accuse one another of anything without addressing the rumors first. Be open and honest with each other and tell each other if there is truly anything to worry about.

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3. Stay out of your head: It can be hard to defend yourself when the rumor is specifically about you. You have to stay out of your own head and remember your character and who you are as a person, and remember that the rumors will die down.

How did you yourself against rumors? Let us know in the comments!