

# Celebrity Divorce: Jennifer Garner is Seen Dating Someone New After Divorce from Ben Affleck

By [Courtney Shapiro](#)

In [celebrity news](#), recently divorced actress, Jennifer Garner was seen dating someone new. Her divorce from actor Ben Affleck was finalized on October 5, 2018. The [celebrity couple](#) made their split public in 2015 and officially filed for divorce in 2017. The pair has three kids together and are on the same page about co-parenting. According to *UsMagazine.com*, Garner is “ready to start the next phase of her life.”

## In celebrity divorce news, Jennifer Garner is moving on from her ex-husband. What are some ways to know you are ready to move on after a divorce?

### Cupid's Advice:

How do you know you're ready to move on after a divorce? Cupid shares some advice:

- 1. You aren't thinking of your ex romantically:** Of course there was a romantic connection between the two of you since you decided to get married. If you don't feel connected or attracted to the other person anymore, it could be a sign that

you're ready to move on with your life.

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**2. You're excited to go out again:** The time will come after the divorce where you're ready to put yourself out there again. It may take a bit to get there, but eventually you'll be out of that post-divorce slump.

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**3. You have direction in your life:** You know what you want and you are easing your way into getting it. Once you've dusted away the old pieces of the divorce, you have a clearer image of what your future will look like.

**How were you able to move on after a divorce? Let us know below!**