

Celebrity News: Find Out What's Next for Julie Chen Post-Scandal



By Courtney Shapiro

In [celebrity news](#), well known co-host of *The Talk* and host of *Big Brother*, Julie Chen is in the spotlight after allegations of sexual assault and harassment came out against her husband, the CEO of CBS, Les Moonves. *E! News* reported that Chen has decided to step away from her position on the talk show, saying, "Right now I need to spend more time at home with my husband and our young son, so I've decided to leave *The Talk*. On the other hand, she has decided to stay on with the popular summer game show, *Big Brother*, as it is more manageable and she will be free of obligations from CBS for the next few months, since the finale airs on September 26th. At this time, Chen's future with CBS is up in the air.

In celebrity news, Julie Chen is tasked with rebuilding her life after her husband was fired from CBS for sexual assault allegations. What are some ways to rebuild your life after a break-up?.

Cupid's Advice:

Need some ways to rebuild your life after a break-up? Cupid has some ideas to rebuild:

1. Invest in your support network: You can't get past the break-up alone. This is the time where you will need those closest to you to support you, and be by your side. These are the people who have your best interests at heart, and only want you to heal.

Related Link: [Celebrity Break-Up: 'Bachelor in Paradise' Star Jordan Kimball Confirms Split from Jenna Cooper Amid Cheating Reports](#)

2. Start a new routine: A fresh break-up can make it difficult to continue your normal routine, so don't. Take the time for yourself, and start crafting a schedule that is best for you. Keeping yourself busy in a new schedule will give you purpose, and will keep your mind off of the break-up itself.

Related Link: [Celebrity News: Kelly Ripa Addresses Ryan Seacrest Sexual Misconduct Allegations](#)

3. Try incorporating healthy habits: This time is all about you. Now that you're taking care of just yourself, you can take this time to include more positive things into your life. These habits don't have to be related to exercise, and you can focus on the goals you have in your career, or life in general.

How would you start to rebuild your life after a break up? Tell us in the comments below.